



Kogarah Public School

EXCELLENCE • OPPORTUNITY • SUCCESS

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TERM 1 WEEK 11 11 April, 2019

FOCUS VALUE:

Week 1 & 2 : RESPECT

Rule of the Week:

Week 1: Safe: We keep our hands, feet and other objects to ourselves.

Week 2: Safe: We are safe in and around the canteen and toilet areas.

What's Happening @ KPS?

Term 2 Week 1	29 April Teachers return for School Development Day	30 April Students Return for Term 2	1 May Jellybeans Music starts for K-2	2 May Jellybeans Music starts for K-2 Gymnastics starts for K-6	3 May ANZAC DAY Assembly 12.30
Term 2 Week 2	6 May	7 May NAPLAN Equating Study 3P and 5B	8 May	9 May	10 May
Term 2 Week 3	13 May	14 May NAPLAN Language Writing	15 May NAPLAN Reading	16 May NAPLAN Numeracy	17 May
Term 2 Week 4	20 May	21 May	22 May Zone Cross Country	23 May	24 May
Term 2 Week 5	27 May	28 May	29 May	30 May	31 May
WELLBEING WEEK Term 2 Week 6	3 June	4 June	5 June	6 June	7 June
Term 2 Week 7	10 June Queen's Birthday PUBLIC HOLIDAY	11 June	12 June	13 June Athletics Carnival	14 June
Term 2 Week 8	17 June Middle School Project	18 June	19 June	20 June	21 June
Term 2 Week 9	24 June	25 June Middle School Project	26 June	27 June	28 June
Term 2 Week 10	1 July	2 July	3 July	4 July	5 July Last day of Term 2 School returns Tuesday 23 July

PRINCIPAL'S MESSAGE

PARENT TEACHER INTERVIEWS

Parent teacher interviews were held last week and were very successful with just under 347 interviews conducted between teachers and parents.

Parent teacher interviews are a way of connecting with your child's teacher and getting to know how your child is progressing at school across all areas. If you are concerned about your child you can always contact the school at any time and request an additional meeting with your child's teacher.

At the end of Term 2 you will receive a Semester 1 report which will also outline the progress made in the first two terms.

NAPLAN

Early in Term 2, students in Year 3 and 5 will be completing NAPLAN assessments. NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. It is important to remember that NAPLAN is not about passing or failing, but about assessing learning progress. At the classroom level it is only one of a number of important tools used by teachers to measure student progress.

Preparing for NAPLAN

NAPLAN assesses literacy and numeracy skills that students are already learning through the school curriculum. Teachers will ensure that students are familiar with the test formats and will provide appropriate support and guidance. Excessive preparation is not useful and can lead to unnecessary anxiety. If you have any questions about your child's preparation for NAPLAN, you are encouraged to make a time to speak with their teacher.

NAPLAN tests are constructed to give students an opportunity to demonstrate skills they have learned over time through the school curriculum, and NAPLAN test days should be treated as just another routine event on the school calendar. The best way you can help your child prepare for NAPLAN is to reassure them that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day.

ACARA does not recommend the use of commercial products, such as booklets and practice tests, to help your child prepare for NAPLAN tests. None of the commercial products currently on the market are endorsed by ACARA. The use of services by coaching providers is not recommended.

NAPLAN test timetables

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the relevant testing window.

Year	Tuesday 14 May	Wednesday 15 May	Thursday 16 May
Year 3	Language conventions: 45 minutes Writing: 40 minutes	Reading: 45 minutes	Numeracy: 45 minutes
Year 5	Language conventions: 45 minutes	Reading: 50 minutes	Numeracy: 50 minutes

SCHOOL HOLIDAY WORKS

During the school holidays, there will be work completed around the school. The carpet in the library, and all classrooms and walkways in Block B and C will be replaced.

The administration office will also undergo a refurbishment to allow for more workstations and a better workflow as our school numbers increase.

We anticipate that all this will be completed before the students return to school for the start of Term 2.

PRINCIPAL'S MESSAGE

LEADERSHIP BY THE RIVER

It was my privilege to accompany our 2019 Student Leadership Team to the Leadership by the River conference. This is a very prestigious event and as one of 26 schools participating, our team listened to two guest speakers and engaged in several team-building activities.

Over the next few months the Stage 3 leaders will also be developing a project within the school.

The NSW Department of Education is currently promoting the message that "young people are at the centre of all our decision making"; and with this year's Education Week theme, 'Every Student, Every Voice', this will be an exciting opportunity for students to learn about the power of their voice and to further develop their capacity as young leaders.

Looking forward to seeing what our team comes up with in 2019.

FROM THE STUDENTS

The Leadership by the River conference is where many schools come together to discuss leadership, and develop a project for our school.

We began the day with a discussion of what a leader is, who some inspirational leaders are, and how we can improve our school for many other generations to come.

First, we played a game to get to know each other called two truths and one lie. Then, we listened to a keynote speaker named Arthur Alla. He talked about his project called Red Earth, which gives students work experience opportunities in Aboriginal and Torres Strait Islander communities. Arthur told us to be passionate and he told us to tell stories to inspire people. He also taught us that no matter what your background, everyone should have an equal chance.

After that, we ate morning tea and then, we talked about student voice and ideas for Education Week.

Once we finished that, we heard from Jioji Ravolo who was hilarious and we played a game called fruit salad. He taught us that our differences make a difference.

After lunch we discussed our project which will be about promoting the new school rules to create positive wellbeing at KPS.

It was a great experience for all students and we can't wait to start our project!

By Albert, Maya and Peter



PRINCIPAL'S MESSAGE

KPS COFFEE CLUB

KPS Coffee Club was very busy this week. On Wednesday and Thursday our volunteer Mums, Dads and Grandparents worked together to create our Easter raffle prizes. On Thursday the Primary Ethics Regional Coordinator, Jill Hennessy came to give parents more information about Primary Ethics classes and how to become a volunteer Primary ethics teacher. We are currently in need of some more parents to volunteer for this role in order to extend this program into further classes. Currently, we have one Primary Ethics class for Stage 1 and one for Stage 2, who are taught by a volunteer parent, Jude M. These classes run at the same time as Scripture and are offered to the students who are in Non Scripture groups. Thank you to Mila G. who coordinates the Primary Ethics program for our school. If you would like further information about how to become a volunteer Ethics Teacher please contact the school.



WOOLWORTHS EARN AND LEARN

Woolworths Earn & Learn is back and it is now easier than ever to earn valuable equipment for Kogarah Public School.

It's simple to participate. From Wednesday 1st May to Tuesday 25th June 2019 or while stock lasts, you can collect Woolworths Earn & Learn Stickers from the checkout operator, via team members at the self-service checkout or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There will be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards).

Once completed, simply place the Sticker Sheet in the Collection Box which will be located in the administration office at school.



ANZAC DAY ASSEMBLY

Our School leaders would like to extend an invitation to all our families to attend Kogarah Public School Anzac Day Ceremony to be held on Friday 3rd May at 12.30 under the COLA.

This year we have a special guest from Ramsgate RSL who will be attending our school service to talk to our school community about the significance of ANZAC Day.

We would love for you to join us on this special day.



CONGRATULATIONS

Ms Petrides has been successful in attaining a permanent classroom teacher position at Belmore South PS. Ms Petrides has been part of the Kogarah staff since 2018 and has contributed to the learning of many students in her role as a Literacy and Numeracy Interventionist teacher as well as being the RFF teacher this year. We wish Ms Petrides all the very best in the next stage of her teaching career.

I would like to take this opportunity to thank the staff, students and parents for a great first term. I extend my warm wishes to all our families who are celebrating Easter. We are all looking forward to a well deserved break and look forward to seeing you all again on Tuesday 29 April for the start of another productive Term 2.

Mrs N Comninós

Principál

MESSAGES FROM THE TEACHERS

KINDERGARTEN STARS

In Early Stage 1, we have been learning to read and write. Students have been learning to associate sounds with the corresponding letters in texts and their own writing. Learning correct letter formation is important at this stage, as is, being able to create a sentence verbally and retain that throughout the writing process.

Students have fun writing from their own experience and relating to books that deal with everyday life situations. A main learning intention at this level is following the meaning of a story and learning to know what 'sounds right' and what 'looks right'.

Kindergarten teachers are encouraged to see the effort students are making in these areas of literacy development.

Keep up the great learning!

Mr McCubben

ES1 Interventionist Teacher



MESSAGES FROM THE TEACHERS

YEAR 6 FUNDRAISING

This week, the Year 6 students have been working tirelessly to promote and run the Easter Egg Raffle and Hot Cross Bun stall. They have had a great time and learned a lot about marketing, team work, and developed their communication skills. The Year 6 students have been busy selling raffle ticket every morning and afternoon, and hot cross buns during lunch and recess.

The total amount raised was \$1103.00. Fantastic work Year 6.

Thank you to all the Kogarah Public School families who donated delicious eggs, bunnies and chocolates, and thank you to the members of the Coffee Club who created the beautiful prize hampers. Thank you to Woolworths, Kogarah, for their generous donation of hot cross buns.

We have raised a lot of money for Year 6 events, and it could not have been done without the generous contributions of the Kogarah Public School community.

Looking forward to our next fundraising event,

Mrs Dalling, Miss T, Year 6



MESSAGES FROM THE TEACHERS

CLEAN UP CAMPAIGN

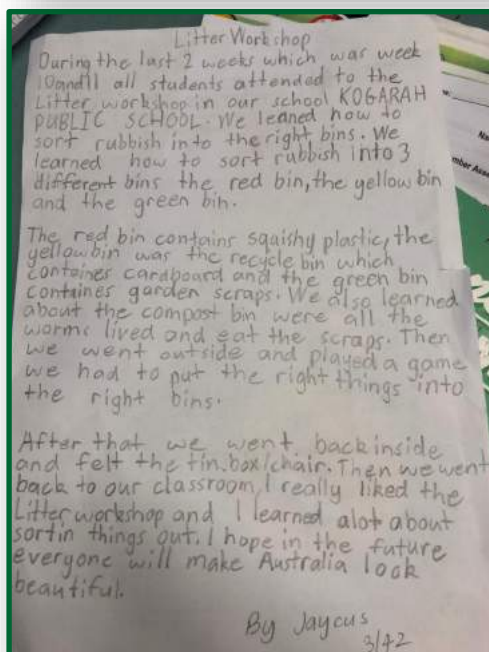
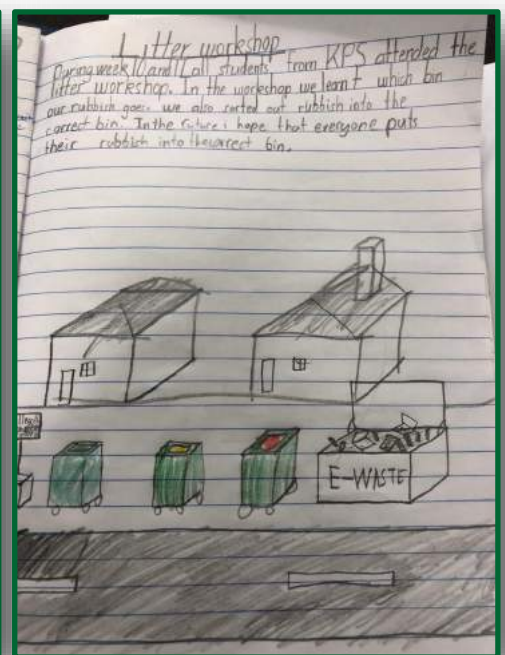
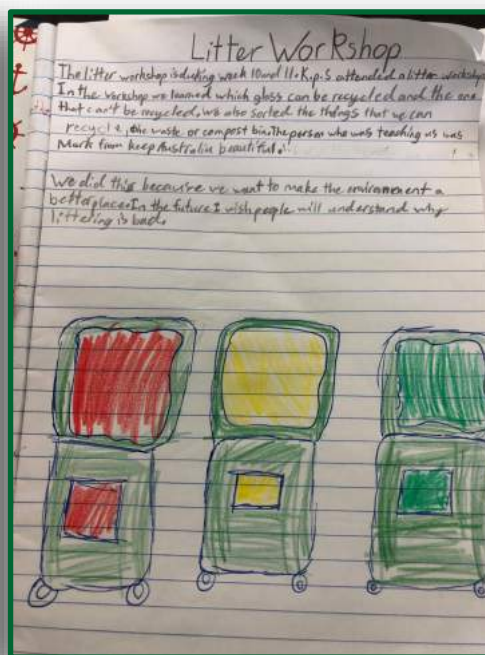
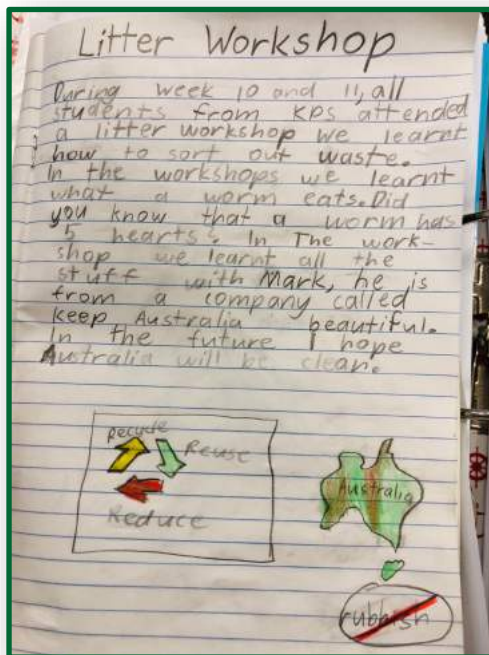
During week 10 and 11, we were very privileged to have Mark from Keep Australia Beautiful visit our school, to teach us about the effects of litter on our environment.

The students were able to identify and sort the different types of litter into the correct bins. They also discussed the 3Rs, reduce, reuse and recycle, and how we can play our part at home and at school.

At Kogarah Public School, we care about our environment and are working hard to look after it.

Ms Balaghe

Organising Teacher



MESSAGES FROM THE TEACHERS

SOFTBALL ZONE TRIALS

On Wednesday 4 April, the Botany Bay Zone Girls Softball trials were held at Memorial Field in Brighton Le Sands. Helena attended the trials as a pitcher. The pitcher on a softball team is a very challenging and vital position, and Helena was lucky to have been chosen to represent the Zone as one of the pitchers for the team. The competition was very strong and Helena did very well to be successful in the trial.

Helena will now attend the Sydney East gala day trial as part of the Botany Bay Zone team during Term 2. We wish Helena the very best of luck in this new sporting adventure!



SCHOOL RULES TERM 2 OVERVIEW

The teachers will continue to teach our new 3 school rules, Be Safe, Be Respectful, Be a Learner to the students across all settings of the school.

Below is an outline of the School Rule focus for each week in Term 2.

Week 1	We keep our hands, feet and other objects to ourselves: Safe (all settings)
Week 2	We are safe in and around the canteen and the toilet area: Safe (Toilet/canteen)
Week 3	We use the toilet at the appropriate time, and return quickly and sensibly : Learner (Toilet)
Week 4	We allow others to learn K-6: Learner (all settings)
Week 5	We actively participate K-6: Learner (all settings)
Week 6	We use whole body listening: Learner (all settings)
Week 7	We are respectful when using the toilets and canteen: Respectful (Toilets/Canteen)
Week 8	We keep our school clean and tidy K-6: Respectful (all settings)
Week 9	We wear the correct uniform: Respectful (all settings)
Week 10	We are respectful by following the instructions of teachers and school staff: Respectful (all settings)

STUDENT AWARDS

Class	Value Award		Learner of the Week	
	Week 9	Week 10	Week 9	Week 10
KG	Mohammed Arsh	Aurpi	Sufyan	Rayan
KJ	Aaruvi	Parnika	Aayam	Erdene
KO	Prisha	Prabroop	Kiana	Nikhil
KB	Unnati	Neerav	Ulsbold	Girvan
1K	Reyner	Pritha -	Zaira	Om
1B	Eric		Sara	Claire
1H	Aiwyn	Mishkat	Jessica	Smile
1/2G	Patricia	Emily	Cheryl	Keerat
2K	Sarah	Lalith	Jacob	Angela
2C	Rares	Porom	Samu	Fifa
2/3V	Ashley	Michael	Jacee	Sharan
3M	Zuha	Ava	Mary	Aiden
3P	Filip	Riya	Suhas	Oscar
3/4Z	Jasmin	Ronica	Justin	Shreeyan
4K	Kamya	Jyotis	Janice	Liam
4/5M	Kevin	Ayesha	Adrita	Sherwyn
5B	Sophia	Medina	Avaani	Kenisha
5/6T	Bibek	Muhammad	Iri	Anna
6D	Delan	Jasmeen	Samek	Maya

Class	Learner of the Week	Value Award
	Week 11	Week 11
KG	Aurpi	Timote
KJ	Maurya	Flynn
KO	Amrit-Honesty	Isha
KB	Jihan	Advik
1K	Maanas-Cooperation	Aryan
1B	Gavril	Atlas
1H	Anand	Catherine
1/2G	Michael	Geet
2C	Rajvi	Ruby

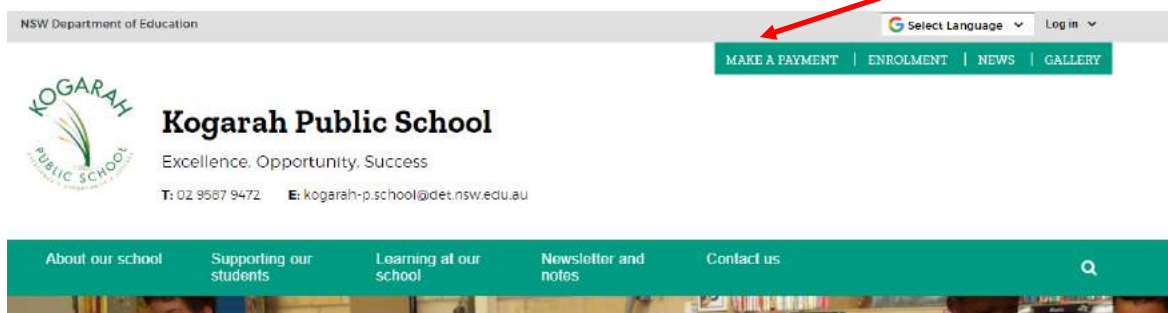
Class	Learner of the	Value Award
	Week 11	Week 11
2K		
2/3V	Micka	Ratib
3M	Adrishia	Aanisah
3P	Eloise	Anushka
3/4Z	Rafael	Smarika
4K	Denver	Palinee
4/5M	Galvin	Bai Hong Lin
5B	Georgia	Mossammed
5/6T	Ben	Selina
6D	Trupti	Hady

OFFICE MESSAGES

MAKING ONLINE PAYMENTS

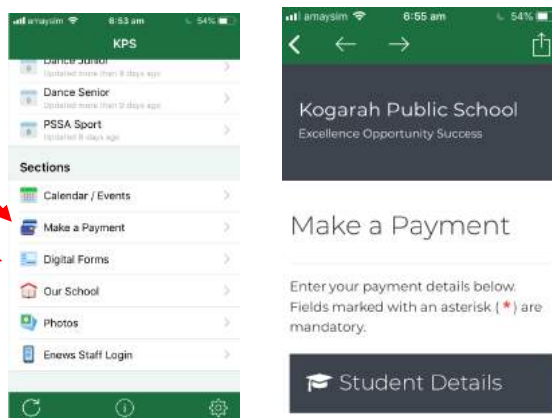
It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card, and can be made via computer, tablet or mobile phone.

The payment page is accessed from the front page of the school's website by selecting [\\$ Make a payment](#).



Or via our school App

Digital forms



When you access the [\\$ Make a payment](#) tab you must enter:

Student's name

Class

Date of birth

These details are entered each time you make a payment as student information is not held within the payment system.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by the school.

For any enquiries regarding the online payment process please contact the School Administration Office.

ABSENT NOTES

If your child is absent from school please notify the school, that day, by our School App via [digital forms](#). This form will notify the office who will mark your child's absence accordingly.

OFFICE MESSAGES

YEAR 5 ENTRY TO AN OPPORTUNITY CLASS IN 2020

Application for Year 5 opportunity class entry in 2020 opens on **Tuesday 30 April 2019** and closes on **Friday 17 May 2019**. Parents can apply online from the website at that time.

Parents must apply by the due date.

Read [Information about applying for Year 5 entry to an opportunity class in 2020 \(PDF 583 KB\)](#)

An accessible version of the application information is available [here](#)

The date for the Opportunity Class Placement Test is **Wednesday 31 July 2019**.

WHAT ARE OPPORTUNITY CLASSES?

Opportunity classes located in government primary schools cater for highly achieving Year 5 and Year 6 academically gifted students. These classes help gifted and talented students to learn by grouping them with other gifted and talented students and using specialised teaching methods and educational materials at the appropriate level.

Parents normally apply when students are in Year 4. Students who are placed then attend the opportunity class full time in Years 5 and 6 at the primary school with an opportunity class. It is a two-year placement program. In the majority of cases, students who accept a place in an opportunity class will leave their current school to attend the school with an opportunity class.

P&C PARENTS AND CITIZENS

The Annual General Meeting was held this week. Thank you to all the parents who attended.

The new P&C executive for this year areas follows:

PRESIDENT

Udaya P

VICE PRESIDENT:

Matthew J and Ahasanul M

SECRETARY:

Jude M

TREASURER:

Anna H

The new P&C Executive look forward to working closely with the school community to ensure that the best possible opportunities are offered to our children.

AFTER SCHOOL ACTIVITIES AT KPS

Learn *Music* on the Keyboard or Guitar at School

Keyboard (k-y6) Guitar (y2-y6)

*Great songs! Musical activities!
Cool music knowledge!*



- ♪ Convenient at-school venue ♪
- ♪ Small group - 45 min weekly lesson ♪
- ♪ Competitive rate - \$29 per session (GST incl.) ♪
- ♪ Instrument not required initially ♪

To enrol, please call 9411 3122 or visit
www.learnmusicatschool.com.au

Limited vacancy!

Violin Incl. Piano (VIP) Music est. 1984 www.learnmusicatschool.com.au

Sydney YuCai

Chinese Language School

We are now offering Chinese classes
at Kogarah Public School every
Monday 3:15PM—5:45PM

Over the last 20 years, The YuCai School is dedicated to improve students for Chinese Level with specialised programs that help students to achieve top marks for HSC.

Junior Class

Learning and application of autobiography
Common words of learning and application
Basic greeting study

Intermediate Class

Learning group words and make sentences
Daily language communication and learning
Reading

Advanced Class

Daily conversation and learning
Reading comprehension training
Paragraphs and chapters of writing training

Our contact number: 0416682288

Email: sydney.yucai@gmail.com

THE SCHOOL UNIFORM SHOP

Winter stock has arrived!!

Fleece jumpers and jackets with the school logo are now available at the school uniform shop.

Jumper \$27

Jacket \$30

Long Sleeve Polo top \$30

Long sleeve Shirt \$27

The Uniform Shop will also be open on the last Friday of the school holidays, 26 April from 9am -12pm.



Play Learn Grow



SPCC
CHILD CARE SERVICES

Our Long day Care is Enrolling now!

Book a tour 8057 4335



Week 1 Easter

Mon Competition day \$55

15 April
Table tennis tournament
Onitama Elimination
Handball

Tue Young Engineer \$70

16 April
Lego construction competition
Recyclable crafts

Wed Easter Activities \$65

17 April
Follow the trail, see which team has the most eggs.
Bunny designed cupcakes
Paint your own plaster egg

Thu District 3 Excursion \$80

18 April
Lazer tag
Dodgem cars

Fri Good Friday

19 April
Public holiday
Centre closed



SPCC
CHILD CARE SERVICES

Easter Vacation April 2019

Enrolling now! 7 Jan - 28 Jan
Hours: 7am - 6pm



Week 2 Adventure

Mon Easter Monday

22 April
Public holiday
Centre closed

Tue Beyblade + Masterchef \$65

23 Apr
Beyblade Tournament
Masterchef: Make delicious Guacamole

Wed Exploration and Mess \$65

24 Apr
Learn to make a Potato Battery
Recycled rocket Launcher
Water balloon designs
Resin Bangle or pendant

Thu ANZAC day

25 Apr
Public holiday
Centre closed

Fri Archery Day \$70

26 Apr
Learn how to Archery under the coaching of Fit Kids Australia

Book now by emailing team@spcckogarah.nsw.edu.au
Walk-ins Welcome

Georges River College Hurstville Boys Campus

**90TH ANNIVERSARY
SATURDAY 18TH MAY
2019**



Celebration Dinner 6pm in the Bini

\$90 per Adult or a table of 10 \$850

Dinner tickets: <https://www.trybooking.com/BBNWE>

GRC Hurstville Boys Campus - 90th birthday

The school will be open from 9.30am till 2.30pm.

Come along to view School memorabilia, student performances, fete and food stalls will be also be part of the day.

Please join us to reminisce about the many good times you had at Hurstville Boys. We would appreciate you forwarding this invitation to others that you think would like to attend.

We look forward to sharing this experience with you.

Kind regards,

Leanne Larcombe

Relieving College Principal

Georges River College

Small changes,
big differences.



FREE Triple P 0-12 Years Seminar **The Power Of Positive Parenting**

5 Week Course (FREE)

- Week 1: Positive Parenting
- Week 2: Helping Children Develop
- Week 3: Managing Misbehavior
- Week 4: High Risk Situations
- Week 5: Future Focus

DATE: Wednesdays Starting
22nd May – 19th June 2019

TIME: 6:30pm – 8:30pm

VENUE: 3Bridges
1/72 Carwar Avenue
Carss Park NSW 2221

PRESENTER: Anna Dokos

Bookings Essential

BOOKINGS AND INFORMATION

Please call course coordinator, Felicity Sneddon on 1300 327 434 or
Email: Felicity.Sneddon@3Bridges.org.au

www.triplep.net



CANTEEN PRICELIST



Made Fresh Canteen Menu



BREAKY MENU

M	Vegemite Toast	\$1.00
M	Jam	\$1.00
M	Honey	\$1.00
M	Plain Milk Cup	\$1.00
M	Fresh Cut Veggie Cup	\$1.50
M	Light Chocolate Milk Cup	\$1.50
M	Light Strawberry Milk Cup	\$1.50
M	Light Banana Milk Cup	\$1.50
M	Hot Chocolate Cup	\$1.50
M	Toasted Cheese Sub	\$2.00
M	Cheese & Lean Ham Sub	\$2.00
M	Fresh Diced Fruit Cup	\$2.50
M	Corn Flakes Bowl	\$2.50
M	Pancakes with Honey	\$2.50



SANDWICHES (White or Wholemeal Bread)

M	Vegemite	\$1.00
M	Jam	\$1.00
M	Honey	\$1.00
M	Cheese	\$2.00
M	Lean Ham	\$2.50
M	Cheese & Tomato	\$3.00
M	Lean Ham & Cheese	\$3.50
M	Lean Ham, Cheese & Tomato	\$4.00
M	Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.00
M	Tuna, Lettuce & Mayo	\$4.00
M	Fresh Chicken & Cheese	\$4.00
M	Fresh Chicken, Lettuce & Mayo	\$4.50
M	Fresh Chicken Salad	\$5.00
M	Lean Ham Salad	\$5.00



WRAPS & ROLLS (Tortilla or Lebanese Bread)

M	Cheese & Tomato	\$4.00
M	Lean Ham & Cheese	\$4.50
M	Lean Ham, Cheese & Tomato	\$5.00
M	Salad (Lettuce, Tomato, Carrot, Cucumber)	\$5.00
M	Tuna, Lettuce & Mayo	\$5.00
M	Fresh Chicken & Cheese	\$5.00
M	Fresh Chicken Lettuce & Mayo	\$5.50



VEGGIE & OTHER SNACK PACKS

M	Fresh Cut Veggie Cup	\$1.50
M	Veggie Snack Pack Dome with Carrot, Celery, Corn, Tomatoes & Bread Sticks	\$4.00
M	Veggie Snack Pack Dome with Cheese Cubes & Bread Sticks	\$4.50
M	Veggie Snack Pack Dome with Fresh Chicken Breast & Bread Sticks	\$5.00

SALADS (All Salads served in 12oz Dome)

M	Garden Salad	\$4.00
M	Tuna Salad	\$4.50
M	Cheese Salad	\$4.50
M	Lean Ham Salad	\$4.50
M	Fresh Chicken Breast Salad	\$4.50
M	Fresh Chicken Breast Pasta Salad	\$5.00
M	Fresh Chicken Caesar Salad (without Lean Ham)	\$5.00
M	Fresh Chicken Caesar Salad with Lean Ham	\$5.50



Upsize Salad from 12oz to 20oz dome for an extra \$2.00

FRESH FRUIT & YOGHURT

M	Diced Pineapple Small Cup	\$1.00
M	Oranges, Apples & Mandarins	\$1.00
M	Banana	\$1.50
M	Fresh Watermelon Cup	\$2.00
M	Fresh Diced Fruit Cup	\$2.00
M	Small Vanilla Yoghurt (low fat)	\$1.50
M	Yoghurt with Muesli Cup	\$2.50
M	Yoghurt with Fruit Cup	\$3.00
M	Seasonal Fresh Fruit Salad Bowl (12oz)	\$4.00



OCCASIONAL FOOD & SNACKS

M	Breakfast	
M	Oven Baked Hash Brown	\$1.00
M	Homemade Muffins (freshly made daily)	\$1.50



HOT FOOD

M	Potato Wedges Cup	\$3.00
M	Noodles Cup	\$3.50
M	Hot Dog (low fat chicken or beef) + sauce	\$3.50
M	Chicken Nuggets (5 pieces)	\$4.00
M	Meat Pie or Sausage Roll (one free sauce)	\$4.50
M	Meat Pie or Sausage Roll (one free sauce)	\$5.00



SNACKS & FROZEN TREAT

M	Homemade Cookies x1	0.50c
M	Yoghurt Frogs x4	\$1.00
M	Red Rock Deli Chips 28g	\$2.50
M	Plain Ice Cream Vanilla	\$2.00
M	Mini Party Pies or Mini Sausage Rolls (SOLD AT COUNTER)	\$1.00



HOT FOOD

M	Garlic & Herb Toasty (freshly made daily)	\$1.50
M	Pizza Cheese Sub	\$2.50
M	Mexican Quesadilla	\$3.00
M	Stuffed Vine Leaves with Rice x4	\$3.00
M	Meatball Sub with Neapolitan Sauce	\$4.50
M	Grilled Chicken Souvlaki on a Roll	\$4.50
M	Homemade Pizza with Cheese	\$5.00
M	Homemade Pizza with Lean Ham & Cheese	\$5.50
M	Homemade Hawaiian Pizza	\$6.00
M	Lasagne	\$5.50
M	Cheese burger (lean beef)	\$5.50
M	Aussie Lean Beef Burger Lettuce/Tomato	\$6.00
M	Fresh Grilled Chicken Fillet Burger	\$6.00



SUSHI (available every Wednesday-pre order by Monday)

M	Teriyaki Chicken with Cucumber	\$4.50
M	Teriyaki Beef with Cucumber	\$4.50
M	Veggie Tofu, Carrot, Cucumber VEGAN	\$4.50
M	Vegetarian Tofu, Carrot, Cucumber (brown rice)	\$4.50



DAILY HOMEMADE MENU

M	Monday	Pasta Carbonara with Lean Ham	\$4.50
M	Tuesday	Mac & Cheese Pasta	\$4.50
M	Wednesday	Hokkien Noodles Chicken	\$4.50
M	Thursday	Pasta with Meatballs	\$4.50
M	Friday	Pasta Bolognese	\$4.50



DAZZLING MEAL DEALS...

If you buy a meal combo you would save up to \$1.00

M	PACK 1: CHEESE SANDWICH	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$3.50
M	PACK 2: STUFFED VINE LEAVES with RICE x4	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$4.50
M	PACK 3: CHICKEN NUGGETS x5	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$5.50
M	PACK 4: BEEF or CHICKEN HOT DOG	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$5.50
M	PACK 5: MEATBALLS SUB	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
M	PACK 6: PASTA with MEATBALLS	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
M	PACK 7: PASTA BOLOGNAISE	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
M	PACK 8: FRESH CHICKEN & CHEESE ROLL	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$6.50
M	PACK 9: FRESH CHICKEN SALAD SANDWICH	
M	Water 400ml + Popcorn or Frozen Juice Stick	\$6.50

SNACKS & FROZEN TREATS

M	Frozen 99% Juice Cup Small (3 Flavours)	0.50c
M	Plain or Frozen 99% Juice-Jelly Cup Small (3 Flavours)	0.50c
M	Diced Pineapple Small Cup	\$1.00
M	Frozen 99% Juice Cup (3 Flavours)	\$1.00
M	Plain or Frozen 99% Juice-Jelly Cup (3 Flavours)	\$1.00
M	Frozen 99% Quench Fruit Juice Sticks	\$1.00
M	Popcorn	\$1.00
M	Bread Sticks x 4	\$1.00
M	Custard Cup (low fat)	\$1.00
M	Frozen Plain Milk Cup	\$1.00
M	Frozen Chocolate Milk Cup	\$1.50
M	Frozen Strawberry Milk Cup	\$1.50
M	Frozen Banana Milk Cup	\$1.50
M	Frozen Watermelon Cup	\$2.00
M	Frozen Grapes Cup (seasonal)	\$2.00
M	Frozen 99% Nippy's Juice Cup (3 Flavours)	\$2.00
M	Messy Monkeys Snack	\$2.50



CRUNCH N SIP PACKS

M	Piece of Fruit & Water 400ml	\$2.00
M	Diced Fruit Cup & Water 400ml	\$3.00



WATER • MILK & JUICES

M	Water 400ml	\$1.50
M	Water 600ml	\$2.00
M	Popper 100% juice	\$2.50
M	Milk 300ml (plain)	\$2.50
M	Light Milk 300ml (3 Flavours)	\$3.00



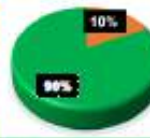
As required by the NSW government all menu items sold each day, are to be listed as Everyday or Occasional food to allow parents and caregivers informed choices.

The NSW state government states menu items are required to be 75% everyday and 25% occasional.

Made Fresh is proud that we have exceeded this requirement. We have kept our prices reasonable even after an increase to the levy for the "container scheme fee". Our suppliers have also increased their prices on eligible/quality goods under the new "star system".

Your child's healthy eating is paramount to our business. Thank you for your ongoing support.

Occasional



Everyday